

1989 Region 3AA Girls Championship at Park, Cottage Grove on Thursday, June 1st

Teams: Roseville 129, Park 80, Hastings 70, St Paul Central 54, Woodbury 33, Sibley 31, Simley 28, St Paul Harding 23, Cretin-Derham Hall 19, St Paul Highland Park 17, South St Paul 7, St Paul Johnson 5, St Paul Como Park 0, St Paul Humboldt 0.

100

- 1 Tamara Webb, Rose 12.3
- 2 Jenny Murtaugh, Hast 12.6
- 3
- 4
- 5 Christina Kreye, Park 12.9

200

- 1 Tamara Webb, Rose 25.7
- 2 Alfredma Chessor, Centr 26.2
- 3 Jenny Murtaugh, Hast

400

- 1 Sara Hoff, Hast 59.8
- 2 Amy Doherty, Rose 60.1
- 3 Anne Arlich, Park 60.7
- 4
- 5 Sara Bakula, Park 62.0

800

- 1 Emily Montgomery, Wood 2:21.4
- 2 Sara Cave, Rose 2:21.8
- 3
- 4
- 5 Krista Carel, Hast

1600

- 1 Emily Montgomery, Wood 5:19.8
- 2 Aimee Petersen, Rose 5:22.2
- 3
- 4
- 5 Lea Stendahl, Park 5:39.3

3200

- 1 Rachel Allyn, Centr 12:10.7
- 2 Alison Howard, Rose 12:12.1
- 3 Missy Freemyer, Park 12:17.4
- 4
- 5
- 6 Jessica Kraftson, Hast

100 Hurdles (33")

- 1 Ameer Wiseth, Park 14.9
- 2 Debbie Groth, Hastings 15.3
- 3
- 4 Therese Sobaski, Park 16.2

300 Hurdles (30")

- 1 Niki Saiko, Rose 46.5
- 2 Debbie Groth, Hastings 47.3

4x100 Relay

- 1 Roseville 49.9
- 2 Park 50.1
- 3 Hastings 51.3

4x200 Relay

- 1 Roseville 1:47.5
- 2 Park 1:47.7
- 3
- 4
- 5
- 6 Hastings

4x400 Relay

- 1 Simley 4:09.8
- 2 Hastings 4:10.2
- 3 Park 4:10.9
- 4
- 5
- 6 Woodbury 4:19.1

4x800 Relay

- 1 Roseville 9:57.4
- 2
- 3 Park 10:40.2
- 4 Hastings

Shot Put

- 1 Laurie Lorenz, Sib 35-3
- 2 Tara Youngmans, Harding 34-5.25
- 3
- 4
- 5 Julie Murphy, Wood 32-1

Discus Throw

- 1 Michelle Larson, Rose 119-8
- 2 Laurie Lorenz, Sib 102-2
- 3
- 4
- 5 Sara Bakula, Park 95-5

Long Jump

- 1 Anne Arlich, Park 17-3.25
- 2 Jeanna Brown, C-DH 16-10
- 3 Debbie Groth, Hast
- 4
- 5 Sara Hoff, Hast

High Jump

- 1 Emily Montgomery, Wood 5-3
- 2 Michele Sandrin, Hast 5-2
- 3 Aimee Wiseth, Park 5-2
- 4
- 5 Jill Briese, Park 4-10

Notes: